



Manawa Karioi - Kōiwi Tohorā



Walking



Dog Friendly

Difficulty

Easy

Length

0.3 km

Region

[Wellington/Kapiti](#)

Sub-Region

[Wellington City](#)

Part of the Collection

[Manawa Karioi](#)

Track maintained by

[Manawa Karioi Ecological Restoration Project](#)

In the process of making new signs, Manawa Karioi was given new track names from the whānau at Tapu te Ranga Marae. The Tapu te Ranga Trust would like Manawa Karioi to be used and enjoyed by everyone. Kōiwi Tohorā - Whale bones This track runs closest to the coast. Its name honours the marae's connection to Tohorā, (whales), the South Coast and Te Raukawa Moana, (Cook Strait).

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Conditions

- Smoking and fires are prohibited at all times
- Dogs should be under control; please keep on a lead near marae buildings and their surrounds. Remove dog litter
- Keep to the tracks and clearings shown on the map
- Some track surfaces are uneven
- Sturdy footwear is recommended
- Children must be supervised at all times.
- All rubbish must be removed
- Motor vehicles are prohibited
- Safety notices must be obeyed
- Do not interfere with plants, animals, traps, bait stations, markers or other objects (visitors are permitted to collect plant material from track-sides for uses such as food, medicine or propagation, provided it is for small-scale personal use)
- If you notice any hazards, please let [Manawa Karioi](#) [know](#).

How to get here

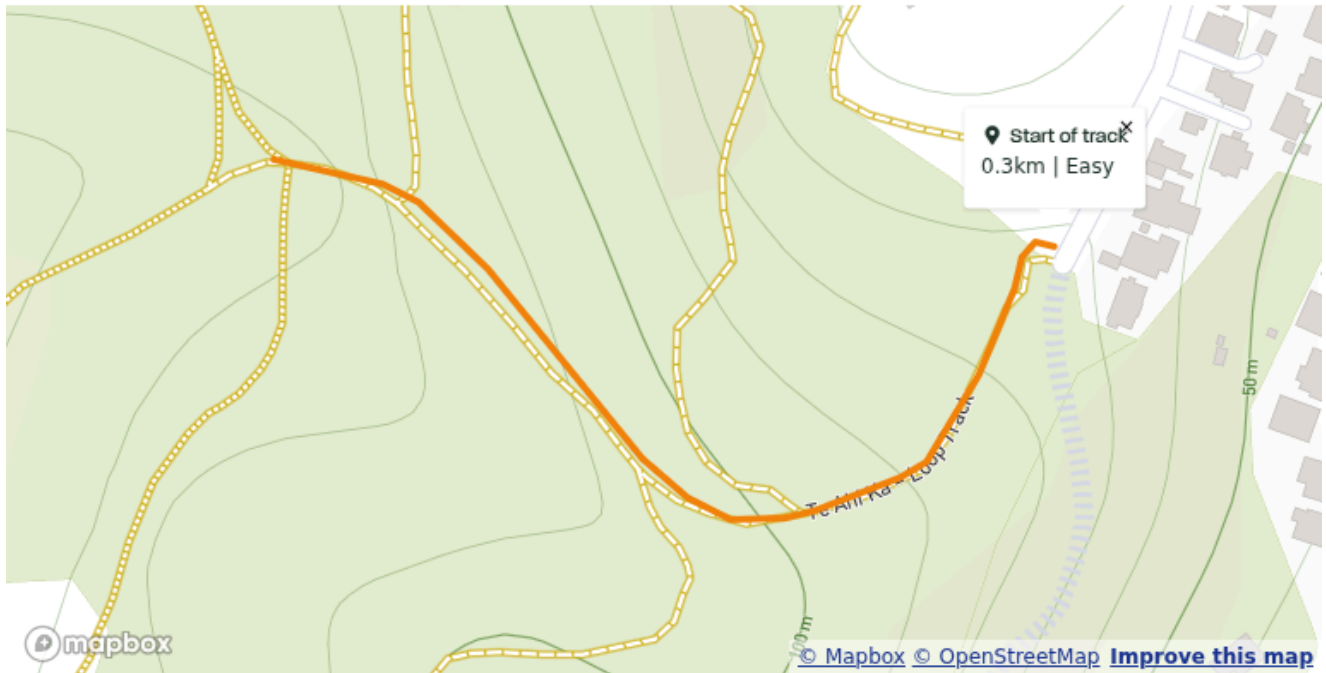
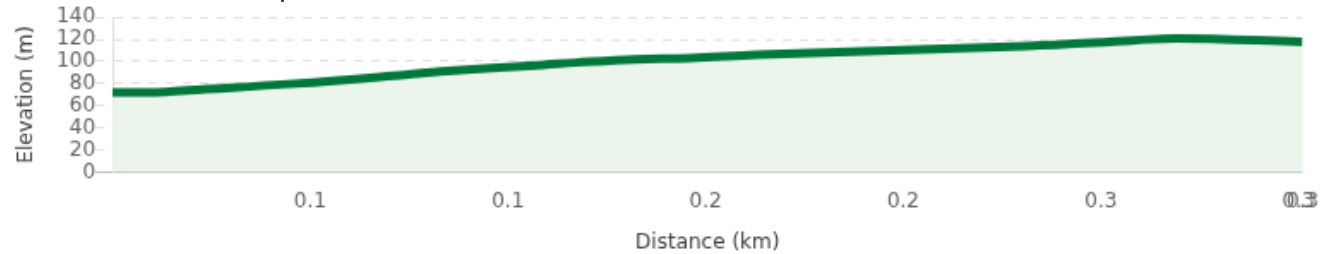
Manawa Karioi has an extensive network of tracks. It has just over 5 km of tracks that can be accessed from Tapu te Ranga Marae with other access points from the end of Rhine St, [Tawatawa reserve/City to Sea Walkway](#), and the Berhampore golf course.

Transport

Accommodation

Food And Supply

Track Elevation and Map



More information

[Manawa Karioi](#)

This track is part of the Herenga ā Nuku Aotearoa track database. Herenga ā Nuku has [maps and advice about public access to the outdoors](#).

We encourage you to continue gaining the skills and knowledge required for a safe trip. The NZ Mountain Safety Council has lots of free resources and information you can use. These can be accessed via www.mountainsafety.org.nz.

We recommend trying these online learning tools:

- [Trip Planning](#)
- [Tramping/field Skills](#)
- [Basic Navigation](#)
- [River Safety](#)

Additionally, check out the range of helpful videos available from the NZ Mountain Safety Council [YouTube channel](#).



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